



**The XIX Commonwealth Games  
Northern Ireland Team Handbook**

**Delhi, India: 3<sup>rd</sup> – 14<sup>th</sup> October 2010**

# Northern Ireland Victory Anthem

## *The Londonderry Air (Danny Boy)*

Oh Danny-boy! The pipes the pipes are calling  
From glen to glen and down the mountain side.  
The summer's gone and all the flowers are dying  
Tis you, tis you, must go and I must bide;  
But come ye back when summer's in the meadow,  
Or when the valley's hushed and white with snow,  
It's I'll be there, in sunshine or in shadow,  
Oh Danny-boy! Oh Danny-boy! I love you so.

But when ye come and all the flowers are dying  
If I am dead, as dead I well may be,  
Ye'll go and find the place where I am lying  
And kneel and say a prayer there for me.  
And I shall hear, though soft you tread above me  
And all my grave will warmer sweeter be:  
For you will bend and tell me that you love me  
And I shall sleep in peace until you come to me.

# Message from the Chef de Mission

I congratulate each member of the team, listed in the booklet, upon their selection. I was delighted to accept the offer from the Northern Ireland Commonwealth Games Council to be Chef de Mission for the Delhi games.

There is a fine blend of youth and experience in the team. Coupled with good humour and spirit we shall endeavour to be worthy ambassadors for our country and our respective sports.

Finally, I wish to record our deep thanks to our sponsors, helpers and supporters who will no doubt follow our endeavours with great interest.

Robert McVeigh  
Chef de Mission



Robert at the Giant's Causeway with the Queen's Baton during its visit to Northern Ireland.

# NI Commonwealth Games Council:

Chairman:	Robert McVeigh
Vice Chairman:	Dr. Gerald Gould
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Jack Magill	Tom McGarel
Paul McMahan	Mandy McMaster
Barry Pollin	Frank Stevens
Ronnie Whiteway	Patrick Wilson



# Aquatics



**Andrew Bree**

Event: 100BR/200BR/4x100F/  
4x200F/4x100M

Age: 29 Lives: Helen's Bay

Club: Ards

Coach: Nelson Lindsay/Dave Salo

Competed at CWG in Kuala Lumpur  
1998, Manchester 2002 (Finalist  
200m Br) and Melbourne 2006  
(Finalist 200m Br)



**Bethany Carson**

Event: 100F/50BF/100BF/200BF/  
200IM/4x100F/4x200F/4x100M

Age: 18 Lives: Lisburn

Club: Lisburn

Coach: Andy Reid

European Junior C'ship finalist.  
Sister of gymnast Luke.



**Clare Dawson**

Event: 50F/100F/200F/400F/  
4x100F/4x200F/4x100M

Age: 22 Lives: Stirling

Club: Stirling/Bangor

Coach: Rob Greenwood

Competed at World C'chips in Rome  
2009. Masters student at Stirling  
University.



**Michael Dawson**

Event: 50BR/100BR/200BR/  
4x100F/4x200F/4x100M

Age: 19 Lives: Comber

Club: Ards/Loughborough Uni.

Coach: Nelson Lindsay/Steve Bayley

2<sup>nd</sup> in 100m BS, 4<sup>th</sup> in 50m BS at  
British Nationals 2009. CW Youth  
Games 2009. Engineering student at  
Loughborough.



# Aquatics



**Ryan Harrison**

Event: 50F/100F/200F/400F/  
4x100F/4x200F/4x100M  
Age: 21 Lives: Londonderry  
Club: University of Tennessee  
Coach: Joe Hendee/Paul Donovan  
Competed at FINA World C'ships  
2009, setting three individual Senior  
records



**Laurence McGivern**

Event: 50F (S8-S9)/100F (S9-S10)  
Age: 17  
Lives: Rostrevor  
Club: Newry & Mourne  
Coach: Gary McCreesh/Dave Malone  
Ireland's top S9 paralympic swimmer.  
A Level student at Abbey Grammar.



**Conor Leaney**

Event: 50F/100F/200F/50BF/100BF/  
4x100F/4x200F/4x100M  
Age: 19 Lives: Ballynure  
Club: Larne  
Coach: Raymond Skillen  
Competed at World C'ships 2009. Full  
time student at UUJ.



**Sycerika McMahon**

Event: 200F/400F/50BR/100BR/200  
BR /200IM/400IM/4x100F/4x200F/  
4x100M  
Age: 15 Lives: Portaferry  
Club: Leander  
Coach: Bobby Madine  
One silver and two bronze medals at  
European Youth Olympic Festival  
2009. GCSE student.



# Aquatics



**Melanie Nocher**

Event: 200F/100BA/200BA/  
4x100F/4x200F/4x100M  
Age: 22 Lives: England  
Club: Loughborough  
Coach: Ian Armiger  
9<sup>th</sup> in European short course 200m  
BC



**Chelsey Wilson**

Event: 50BA/100BA/200BA/  
4x100F/4x200F/4x100M  
Age: 19 Lives: Enniskillen  
Club: Enniskillen Lakelanders  
Coach: Arunas Savatikas  
2009 Junior CWG – 2<sup>nd</sup> in 200m BK  
and 3<sup>rd</sup> in 100m BK



**Nelson Lindsay**

Team Coach  
Has spent the last the last 25 years as  
a swim coach, attending three CW  
Youth Games and the 2002  
Manchester CWG. National coach at  
World Student Games and European  
C'ships.



**Kathryn Wylie**

Team Coach  
A teacher at Ballymena Academy,  
Kate is a regular on the deck at Ulster  
meets when coaching at Leander.



# Archery



**Robert Hall**

Event: Compound Ind. and Team

Age: 39

Lives: Carrickfergus

Club: Carrickfergus Archery Club

Coach: Keith Hanlon

Competed at World Field C'ships,  
Hungary 2010



**Ian McGibbon**

Event: Recurve Individual and Team

Age: 34

Lives: London

Club: Lough Cuan Bowmen

Coach: Andy Callaway/Keith Hanlon

Competed at Arizona Cup, USA 2009



**Mark Nesbitt**

Event: Recurve Individual and Team

Age: 18

Lives: Banbridge

Club: Ballyvalley Archers

Coach: Jan Martin

Competed at Youth Olympics,  
Singapore 2010. 6<sup>th</sup> in European  
Senior Target C'ships 2010



**Emma Parker**

Event: Compound Ind.

Age: 33

Lives: Leicestershire

Club: Chorley Bowmen

Coach: Ian Simpson

5<sup>th</sup> in World University Indoor  
C'ships, Taiwan 1998





# Archery



**Karl Watson**

Event: Recurve Individual and Team

Age: 29

Lives: Lisburn

Club: City of Belfast Archery Club

Coach: Keith Hanlon

All-Ireland Champion 2010. NI Indoor & Field Champion 2010. NI record holder over 10 rounds.



**Darrel Wilson**

Event: Compound Ind. and Team

Age: 30

Lives: Ballyhalbert

Club: Bangor & District Archery Club

Coach: Jack Wilson/Keith Hanlon

7 times NI Champion. Brother of Stuart.



**Stuart Wilson**

Event: Compound Ind. and Team

Age: 34

Lives: Oxford

Club: Oxford Archers

Coach: Jack Wilson

Euronations – 1<sup>st</sup> in 1998, 2<sup>nd</sup> in 1997, 5<sup>th</sup> in 2010. Brother of Darrel.



**Keith Hanlon**

Team Coach

International competitor for last two decades. Current holder of more than 10 Irish records. Competed at 1996 Olympics and more than 20 World and European C'ships. Ass. National coach since 2005.



# Athletics



**Amy Foster**

Event: 100m/200m/4x400m

Age: 21

Lives: Newtownards

Club: University of Ulster

Coach: Davy Reid

Part of the 4x100m relay squad at the 2010 European C'ships which set a new Irish record of 43:93



**Katie Kirk**

Event: 400m/4x400m

Age: 16

Lives: Holywood

Club: Lagan Valley, Sullivan Upper

Coach: Mark Kirk

Represented GB & NI at Loughborough International. Coach, and father, Mark is a former CWG 1500m athlete.



**Ciara Mageean**

Event: 800m/1500m

Age: 18

Lives: Portaferry

Club: City of Lisburn

Coach: Eamonn Christie

Silver medal at 2010 World Junior C'ships. Taking a gap year to concentrate on athletics.



**James McIlroy**

Event: 800m/1500m

Age: 33

Lives: Larne

Club: University of Ulster

Competed at 2000 Sydney Olympics and 2006 CWG in Melbourne.



# Athletics



**Christine McMahon**

Event: 400m hurdles/4x400m

Age: 18

Lives: Glengormley

Club: Ballymena & Antrim

Coach: Sally Stewart/Maeve

Kyle/Melanie Browning

Silver over 400m hurdles at 2009

European Youth Olympic Festival,

11<sup>th</sup> at World Junior C'ships 2010



**Kelly McNiece**

Event: 800m/1500m/4x400m

Age: 32

Lives: Lisburn

Club: City of Lisburn

Coach: Karl Byrne

Competed over 1500m at World

Indoor C'ships 2010



**Joanna Mills**

Event: 400m/4x400m

Age: 17

Lives: Ballyclare

Club: Ballymena & Antrim, Ballyclare

High School

Coach: Melanie Browning

Bronze at 2009 European Youth

Olympic Festival, 4x100m



**Jo Patterson**

Event: 400m/4x400m

Age: 22

Lives: Ballymoney

Club: Ballymena & Antrim

Coach: Colin Bovell/Dan Cossins

CAU Intercounties 400m silver 2009

and 2010



# Athletics



**Tom Reynolds**

Event: Decathlon  
Age: 25  
Lives: Holywood  
Club: North Down  
Coach: Brendan McConville  
Bronze medal at AAA senior  
Decathlon C'ships 2010 with PB of  
7270 pts.



**Jackie McKernan**

Team Coach  
Silver medalist at the 1990 CWG and  
the 1993 World University C'ships in  
the discus. Holder of NI Discus  
record. Jackie has competed at 5  
Commonwealth Games and three  
Olympic Games. A Level 3 coach, she  
has coached at CW, European and  
World Youth C'ships.



**Stephen Scullion**

Event: 1500m/5000m  
Age: 21  
Lives: London  
Club: North Belfast Harriers  
Coach: Nick Anderson  
Competed on Ireland team at  
European Cross Country C'ships,  
Dublin 2009



**Davy Reid**

Team Coach  
SINI Athletics High Performance  
Manager 2003-2008. Coached UK  
and Irish champions in both sprint  
and endurance events. Coached at  
2005 European U23 C'ships, 2007  
European Youth Olympics, 2002 and  
2006 CWG.



# Badminton



**Caroline Black**

Event: Singles/Doubles/Team  
Age: 16  
Lives: Lisburn  
Club: Lisburn Racquets, Friends  
School Lisburn  
Coach: Tom Causer  
Irish U17 mixed doubles champion  
2010. U15 silver medal, mixed and  
ladies doubles 2008



**Sinead Chambers**

Event: Singles/Doubles/Mixed  
Doubles/Team  
Age: 18  
Lives: Lisburn  
Club: Alpha Badminton Club  
Coach: Tom Causer  
Irish National Senior finalist, singles  
and mixed doubles 2010



**Matthew Gleave**

Event: Doubles/Mixed Doubles/Team  
Age: 23  
Lives: Ballinderry, Lisburn  
Club: Alpha Badminton Club  
Coach: Tom Causer  
Irish National Senior finalist, mixed  
doubles 2010



**Tony Stephenson**

Event: Singles/Doubles/Team  
Age: 19  
Lives: Lisburn/Copenhagen  
Club: Lisburn Racquets/Gentofte BK  
Coach: Tom Causer/Jim Laugesen  
Semi-finalist in Welsh and Slovenian  
Opens 2009/2010



# Badminton



**Tom Causer**

Team Coach : :

Represented England at both junior and U24 level before embarking on a career in coaching. Worked as a World Class Head Coach for Badminton England before moving across the Irish Sea to take up the role as Head Coach for badminton in Ulster.



# Boxing



**Paddy Barnes**

Event: 49Kg  
Age: 23  
Lives: Belfast  
Club: Holy Family ABC  
Coach: Gerry Storey  
Bronze medal at 2008 Beijing  
Olympics. European Elite champion  
2010. Ulster champion 2010.



**Michael Conlon**

Event: 52Kg  
Age: 18  
Lives: Belfast  
Club: St. John Bosco  
Coach: John Conlon/Gerard  
McCaffery  
Ulster champion 2010. Gold medallist  
at Arafura Games 2009.



**Steven Donnelly**

Event: 64Kg  
Age: 22  
Lives: Ballymena  
Club: All Saints  
Coach: Gerry Hamill  
Ulster champion 2010. Gold medallist  
at Arafura Games 2009.



**Paddy Gallaher**

Event: 69Kg  
Age: 21  
Lives: Belfast  
Club: Gleann  
Coach: Gerard McManus  
Ulster finalist 2010



# Boxing



**Tommy McCarthy**

Event: 81Kg  
Age: 19  
Lives: Belfast  
Club: Oliver Plunkett  
Coach: Patsy McAllister  
Ulster champion 2010. National finalist 2010. World Youth bronze medallist 2007.



**Tyrone McCullagh**

Event: 56Kg  
Age: 20  
Lives: Londonderry  
Club: Illies G-G  
Coach: Stephen Friel  
National champion 2010. European bronze medallist 2010.



**Mark O'Hara**

Event: 60Kg  
Age: Belfast  
Lives: 19  
Club: Holy Trinity  
Coach: Michael Hawkins  
Ulster champion 2010



**Eamonn O'Kane**

Event: 75Kg  
Age: 28  
Lives: Dungiven  
Club: Immaculata  
Coach: Gerard Nugent  
Commonwealth C'ship gold in 2007, silver in 2005, bronze in 2003.  
European bronze medal in 2008.  
Ulster champion 2010.





# Boxing



**Steven Ward**

Event: 91Kg  
Age: 20  
Lives: Newtownabbey  
Club: Monkstown  
Coach: Paul Johnston  
Gold medallist at Arafura Games 2009.



**Stephen Friel**

Team Coach  
A former international boxer, Stephen has been coaching for more than 20 years. Has coached 17 Irish champions, from schoolboy to senior level, and numerous Ulster champions.



**Michael Hawkins**

Team Coach  
Has been coaching at all levels of boxing for several decades, including the 1990 and 1994 CWG and the Olympics in 1988 and 1996. Coach to numerous national champions across a variety of age groups.



# Cycling



**Adam Armstrong**

Event: Scratch/Points/Road Race  
Age: 23  
Lives: Newtownards  
Club: Eurocycles Club  
Coach: Mark Kane  
Ranked 1<sup>st</sup> in Irish National Rankings 2010.



**Wendy Houvenaghel**

Event: 500m TT/3000m Pursuit/  
Road TT/Road Race  
Age: 35  
Lives: Cornwall  
Club: Bike Chain - Ricci  
Silver medal in 3000m individual  
pursuit at 2008 Beijing Olympics



**Michael Hutchinson**

Event: 4000m Pursuit/Road TT  
Age: 36  
Lives: Cambridge  
Club: In-Gear-Quickvit-Trainsharp  
Racing  
4<sup>th</sup> in road individual time trial, 6<sup>th</sup> in  
individual pursuit at 2006 Melbourne  
CWG



**Martyn Irvine**

Event: 1000m TT/Scratch/Points/  
Road TT/Road Race  
Age: 25  
Lives: Newtownards  
Club: Planet X  
Member of Irish record breaking  
team pursuit squad at Copenhagen  
track world cup 2009



# Cycling



**Phillip Lavery**

Event: 1000m TT/Scratch/Points/  
Road Race  
Age: 19  
Lives: Belgium  
Club: Look Cycling Team  
1<sup>st</sup> Wervik 1.12, Belgium 2010



**David McCann**

Event: Road TT/Road Race  
Age: 37  
Lives: Dunmurry  
Club: Giant Asia Racing Team  
5<sup>th</sup> in 2006 Melbourne CWG. CTT 40k  
world time trial record holder.



**Connor McConvey**

Event: Road Race  
Age: 21  
Lives: Belfast  
Club: An Post Sean Kelly Team  
Coach: Adrian Timmis  
4 time Irish champion. 4<sup>th</sup> in UCI U23  
world rankings.



**Heather Wilson**

Event: 500m TT/Scratch/Points/  
Road TT/ Road Race/  
Age: 28 Lives: Lisburn  
Club: Maryland Wheelers  
Coach: National road champion 2009.  
Competed in triathlon at 2006  
Melbourne CWG.



# Cycling



**Cormac McCann**

Team Coach

A lifetime member of Belfast's Phoenix Cycling Club, Cormac is a former International cyclist who competed at World Championships, Olympics and CWG. Having competed in three CWG at track, road race and time-trial, he was a member of the team which won Northern Ireland's first cycling medal with a bronze in the 1986 Edinburgh Games 100km time trial. Cormac is an IOC accredited National Coach with over 20 years experience. In 2004 Coaching NI recognised Cormac as International Coach of the Year due to his success with elite cyclists on the international stage.



**Brian Nugent**

Team Coach

Full time coach since 2006 while at the World Cycling Centre in Aigle, Switzerland working with future multiple World Champions and medallists at the 2008 Olympic games. Head Coach, Beijing 2008 Paralympic Games, Ireland. Irish National Performance Coach since 2007. He has worked on coaching programmes producing Elite men Track World cup medallists, a Paralympic World Champion and World medallists, a European Champion at Junior level and multiple National Champions. Currently Ireland's Elite Women's Coach and Head Paracycling coach.



# Gymnastics



**Luke Carson**

Event: Artistic  
Age: 20  
Lives: Lisburn  
Club: Huntingdon  
Coach: Paul Hall  
Collected 3 medals at 2009 Northern European C'ships. Brother of swimmer Bethany.



**Seriena Johnrose**

Event: Artistic  
Age: 21  
Lives: Preston  
Club: Garstang School of Gymnastics  
Coach: Mandy Thompson  
4<sup>th</sup> in vault in British C'ships 2009, finalist in 2010.



**Charlotte McKenna**

Event: Artistic  
Age: 16  
Lives: Helions Bumpstead, Suffolk  
Club: Salto  
Coach: Sun Jie  
2 x bronze medals – bars/beam – at Northern European C'ships 2009



**Christopher Low**

Team Coach  
Based at Leeds Metropolitan University where he is part of the Sport Science Support Team specialising in biomechanics. A former GB international and current international judge, Chris has coached to British junior champion and Youth Olympic champion level.



# Gymnastics



**Sun Jie**

Team Coach

From 1971 to 1981 Sun Jie was a gymnast and competed for the JILIN Team, a region of China. Following studies, from 1986 to 2002 Sun Jie coached the LIAO NING Team and had 4 gymnasts on the Chinese national squad. After coaching in Egypt Sun Jie moved to NI and is based at City of Lisburn Gymnastics Centre. Sun Jie is the National Coach to the Northern Ireland Girls Team. He was coach to the Irish Team at the 2009 and 2010 European and 2009 World C'ships.



# Lawn Bowls



**Sandra Bailie**

Event: Bailie  
Age: 39  
Lives: Comber  
Club: Knock  
Coach: Sally McGarel  
Atlantic C'ships bronze 2009. Irish  
Fours winner 2009, Triples and Fours  
winner 2009. Semi-finalist British Isles  
Pairs 2008.



**Mandy Cunningham**

Event: Triples  
Age: 46  
Lives: Belfast  
Club: Ewarts  
Coach: Sally McGarel  
Atlantic C'ships bronze in 2005 and  
2009. 6<sup>th</sup> at European C'ships 2007.



**Neil Booth**

Event: Triples  
Age: 42  
Lives: Randalstown  
Club: Old Bleach  
Coach: Jim Baker  
Gold in Fours at 2004 World C'ships,  
bronze in Triples. Bronze in Fours at  
2002 CWG. Triples silver at 2006 CWG.  
Twice winner of USA Challenge Cup  
Pairs.



**Paul Daly**

Event: Triples  
Age: 38  
Lives: Belfast  
Club: Ulster Transport  
Coach: Jim Baker  
Silver in World Cup singles 2006. Silver  
at Hong Kong Classic Pairs 2006.  
Winner 2007 British Isles C'chips. Three  
time Irish C'ships winner.



# Lawn Bowls



**Jennifer Dowds**

Event: Pairs  
Age: 51  
Lives: Cloughmills  
Club: Ballymena  
Coach: Sally McGarel  
Winner of Irish Singles, Pairs and Fours.  
Winner of British Isles Pairs. Bronze at  
World C'ships 2008, Atlantic C'ships  
2007 and 2010.



**Barbara Logue**

Event: Triples  
Age: 49  
Lives: Ballymoney  
Club: Ballymoney  
Coach: Sally McGarel  
Silver medal at Irish Fours C'ships 2008.



**Gary Kelly**

Event: Singles  
Age: 21  
Lives: Ballymoney  
Club: Ballymoney  
Coach: Jim Baker  
Irish Open Singles C'ships winner in  
2007. Three times Irish Junior Singles  
champion. Quarter finalist in 2008  
World Champion of Champions event.



**Martin McHugh**

Event: Triples  
Age: 37  
Lives: Whitehead  
Club: Whitehead  
Coach: Jim Baker  
Won gold at 1998 CWG. Bronze in  
Triples at 2000 World C'ships. Four  
time Irish Singles champion. Twice  
British Isles Singles winner. Four other  
Irish titles in Pairs and Triples.





# Lawn Bowls



**Donna McCloy**

Event: Pairs  
Age: 38  
Lives: Ballymoney  
Club: Ballymena  
Coach: Sally McGarel  
Irish Pairs winner 2000, Triples winner 1997. Bronze at 2008 World C'ships. Competed at 1998, 2002 and 2006 CWG, Married to fellow bowler Gary.



**Ian McClure**

Event: Pairs  
Age: 37  
Lives: Coleraine  
Club: Portrush  
Coach: Jim Baker  
Gold in Fours at 1998 CWG. Bronze in Fours at 1994 CWG and 2000 World C'ships. European Triples winner 1997. Winner of 13 Irish titles and 1995 British Isles Triples.



**Gary McCloy**

Event: Pairs  
Age: 41  
Lives: Ballymoney  
Club: Portrush  
Coach: Jim Baker  
Gold in Fours at 1998 CWG. 1994 Irish Singles champion. Bronze in 2000 World Triples C'ships. Married to fellow competitor Donna.



**Jim Baker**

Team Coach  
Has made 63 outdoor appearances for Ireland. Won World C'ships gold in 1984 Triples, 1988 Fours and 2004 Fours. Silver in 2004 Pairs. Silver in Fours at 1980 CWG, bronze in 2002 Triples.



# Lawn Bowls



**Sally McGarel**

Team Coach

Irish Triples champion 2004, Semi-finalist at 2004 British Isles C'ships. Irish ladies Team Manager since 2006 with team collecting 5 World C'ship medals in 2008 and 5 at 2009 Atlantic C'ships. Led team to a record Silver position in British Isles series in 2008.



# Shooting



**Louise Aiken**

Event: 50m Rifle Prone  
Age: 30  
Lives: Dromore  
Club: Downshire Rifle Club  
Coach: Martin Mace  
Competed at 2006 Melbourne CWG.



**Debbie Bader**

Event: Trap  
Age: 49  
Lives: Liscolman, Co. Antrim  
Club: Mid Ulster CPC  
Coach: Tommy Allen  
Irish Open Olympic Trap Ladies  
Champion 2010



**Kirsty Barr**

Event: Trap  
Age: 21  
Lives: Ballymena  
Club: Tatch CPC  
Coach: David Beattie/Clifford Barr  
Gold medallist in Ladies Olympic Trap  
2010 Commonwealth C'ships



**David Beattie**

Event: Trap- Singles and Double  
Age: 57  
Lives: Loughgall  
Club: Annaloiste, Mid Ulster CPC and  
UCPSA  
Silver medallist at both CWG and  
Commonwealth C'ships.



# Shooting



**David Calvert**

Event: Queen's Prize  
Age: 59  
Lives: Cambridge  
Club: Comber Rifle Club  
Coach: Bill Dickson  
Winner of four gold medals at CWG.  
Queens Prize winner at Bisley in 2010.



**Robert Doak**

Event: 10m Air Pistol/25m C-F Pistol/  
25m S-F Pistol/50m Pistol  
Age: 48  
Lives: Newtownabbey  
Club: East Antrim R.P.C.  
Competed at 2002 CWG.



**Gary Duff**

Event: 50m Rifle Prone  
Age: 43  
Lives: Dundonald  
Club: Comber Rifle Club  
Coach: Martin Mace  
Competed at 1996 Olympic Games and  
2002 CWG in Manchester. Set new Irish  
record for 50m Prone during 2010.



**Matthew Hall**

Event: 50m Rifle Prone  
Age: 20  
Lives: Larne  
Club: East Antrim R.P.C.  
Coach: Martin Mace  
Silver medallist at Commonwealth  
Youth Games 2009.



# Shooting



**Ross McQuillan**

Event: Queen's Prize  
Age: 33  
Lives: London  
Club: Ulster Rifle Association  
Member of British gold medal winning team at 2007 world c'ships. Irish Open winner 2006 and 2009. Winner of St. George's Prize at Bisley in 2006.



**Mervyn Morrison**

Event: Trap Singles and Doubles  
Age: 47  
Lives: Stewartstown  
Club: Wellbrook  
Competed at 2006 CWG. Three times British team c;ship winner. Won Ulster Open in 2008. Won Isle of Man Pairs Silver Medal in 2009.



**Hugh Stewart**

Event: 10m Air Pistol/25m C-F Pistol/  
25m S-F Pistol  
Age: 42  
Lives: Stewartstown  
Club: Dungannon  
Competed at CWG in Melbourne 2006 and Manchester 2002.



**Martin Mace**

Team Coach  
Martin's eighth Games, three as a competitor, reaching the final in 1986. Competing since 1957, represented N.Ireland for the first time in 1966. British Champion twice, and has won every competition in Ireland at least once. Served 10 years as GB coach. Has overseen CWG successes since taking over NI team management in 1994.



# Shooting



**Alwyn McLean**

Team Coach

Competed as an athlete at the 2003 and 2007 Commonwealth Shooting Federation Champions. Captain of the Ireland Long Range team and was captain of the Ireland Short Range team from 2001-2003, which included Ireland's first ever win in the 137 year history of the home countries National Match. Has toured and shot for GB on a number of occasions and will be Vice Captain of the GB Rifle team that will tour South Africa in 2012.



# Squash



**Zoe Barr**

Event: Singles and Ladies Doubles

Age: 25

Lives: Bangor

Club: Kiltonga Squash Club

Ulster and Leinster Open Champion  
2010.



**Madeline Perry**

Event: Singles and Ladies Doubles

Age: 33

Lives: Halifax, Yorkshire

Club: Queen's Club, Halifax

Coach: Marcus Berrett

Australian Open Champion 2010,  
Winner of Irish Open 2010



**Jeff Hearst**

Team Coach

Squash coach and current Ulster

Squash Performance Director. A former

Irish International and Irish Team

Manager. Experienced at European and

World Championships.



# Table Tennis



**Ashley Givan**

Event: Singles/Ladies Doubles/Team  
Age: 15  
Lives: Dungannon  
Club: Fivemiletown Academy, Royal School Dungannon  
Coach: Andrew Dennison  
Winner Irish Open 2010. Competed in senior Europeans 2010.



**Na Liu**

Event: Singles/Ladies Doubles/Mixed Doubles/Team  
Age: 27  
Lives: Belfast  
Club: Glenburn Table Tennis Club  
Coach: Andrew Dennison  
Runner-up at Luxembourg Open 2010.



**Paul McCreery**

Event: Singles/Mixed Doubles  
Age: 18  
Lives: Belfast/Montpellier  
Club: Montpellier Tennis de Table  
Coach: Andrew Dennison  
UK School Games, Junior 6 Nations and Irish Junior champion. Number 1 in both junior and senior Irish rankings. Competed in European and World c'ships.



**Amanda Moge**

Event: Singles/Ladies Doubles/Team  
Age: 24  
Lives: Newtownabbey  
Coach: Andrew Dennison  
Last 16 in womens doubles at 2009 Commonwealth C'ships. Part-time Participation Officer with Table Tennis Ulster.





# Table Tennis



**Claire Nelson**

Event: Single/Ladies Doubles/Team  
Age: 19  
Lives: Belfast  
Club: Glenburn table Tennis Club  
Coach: Andrew Dennison  
Competed at 2009 Commonwealth  
C'ships and Youth CWG.



**Andrew Dennison**

Team Coach  
Played in Manchester 2002 and  
Melbourne 2006 as part of the  
Northern Ireland CWG Team  
13 Times Ulster Singles Champion  
3 x Irish Singles Champion  
After finishing his career as a player  
worked alongside Jing Yi Graham  
(former Gao), assisting with squad  
sessions, non-playing Captain's role  
and learning his trade as a Coach.  
Acquired Job as High Performance  
Coach and Development Officer August  
2010



# Wrestling



**Mark Montgomery**

Event: 96Kg

Age: 36

Lives: Aghalee

Club: Hot Hog Wrestling Club

Coach: John O'Rawe

5<sup>th</sup> place in judo at 2002 Manchester

CWG. 7<sup>th</sup> place in 2009 Commonwealth

Wrestling C'ships.



**John O'Rawe**

Team Coach

A former GB junior and senior international, John competed at the 1994 CWG in Victoria. Spent a year competing successfully on the US Collegiate circuit. NI coach for Olympic Freestyle Wrestling.



**Terry Crothers**

Role: Assistant Chef de Mission  
NICGC Hon. Secretary since 1996 after 25 years at BBC Sport. A trustee of the Mary Peters Trust and involved in the Belfast Telegraph Awards. A very keen golfer, and has been Hon Secretary and Lady Capt. of Royal Belfast Golf Club Currently Tournament Secretary of the Irish Ladies Golfing Union (Ulster Dist).



**Dr. Phil Glasgow**

Role: Physiotherapist  
Head of Sports Medicine at SINI. Works with a variety of elite athletes across a range of sports. Has worked at many major tournaments including the 2008 Beijing Olympics. Chair for Education & Research for the Assoc. of Chartered Physiotherapists in Sports Medicine. Postgraduate lecturer at a number of UK and European universities.

## Support Team



**Dr. Barbara Fair**

Role: Team Doctor  
Senior GP partner at Queen's University Health Centre with specific interest in sports medicine. Was team doctor at 2009 CW Youth Games in Pune. Attended World Student Games in China, Korea and Thailand.



**Conal Heatley**

Role: Delhi HQ Staff  
Has recently joined the organisation as Executive Officer following a career in business. Experienced in sports administration as Secretary General of Triathlon Ireland over recent years. Still a regular long distance triathlete. Holds NI record for number of Ironman finishes.



# Support Team



**Des Jennings**

Role: Performance Skills Coach  
SINI based Sports Psychologist who has worked across a wide range of individual and team sports both north and south of the border. Former lecturer at UUJ.



**Ricky Lee**

Role: Delhi HQ Staff  
Worked for the NICGC between 2008-2009 and assisted in the preparation of the Northern Ireland team at the 2008 CW Youth Games in Pune, India. Employed by the University of Ulster in Sports Development and Event Management.



**Clare McCoy**

Role: Press Officer  
Marketing and website manager for the 2009 European cross country c'ships. Has also worked at a number of high profile events such as the European Athletics Championships in Barcelona and the Irish Indoor athletic c'ships in the Odyssey Arena. She has just been shortlisted as 'Young Marketer of the Year' in the 2010 CIM Marketing Awards.



**Chris McNicholl**

Role: Physiotherapist  
Employed full time at SINI since 2007, Chris has 15 years experience working in Sports Medicine. In 2009 he was the Lead Physiotherapist for the Irish World University Games Team in Serbia. He now enjoys recreational cycling and running since retiring from playing gaelic football two years ago.



# Support Team



**Leah McVeigh**

Role: Delhi HQ Staff

A current gap year student with experience of Delhi and most of the competition venues. A qualified gymnastics coach and current holder of the Mary Peter's Cup.



**Robert McVeigh**

Role: Chef de Mission

Delhi will be Robert's 4<sup>th</sup> CWG. He has also worked at 3 CW Youth Games. Has overall responsibility for managing the touring party. An international shooter.



**Alison Moffitt**

Role: General Team Manager

Assistant (Hon) Secretary of NICGC  
Attended 1998 CWG in Kuala Lumpur, 2002 in Manchester and 2006 in Melbourne as part of the NI HQ team.  
Team Manager for 2008 CW Youth Games in Pune. Former Northern Ireland and Ireland Senior International javelin thrower. Sports Development Manager at University of Ulster.



**Amy Murray**

Role: Delhi HQ Staff

A marketing graduate from Newcastle University, Amy will be attending the games in an administrative role providing support within the Delhi HQ.  
A keen hockey player who competes with Victorians Ladies Hockey Club.



# Support Team



**Bruce Thompson**

Role: Team Doctor

A former chair of the British Assoc. of Sports and Exercise Medicine with specific interest in orthopaedics, Bruce is a former Portadown rugby player who has now taken to running marathons.



**Stewart Tosh**

Role: General Team Manager

Involved with the NICGC for 12 years. Serves as a director representing Triathlon, appointed Ass. Hon. Treasurer in 2007. Extensive knowledge of sports management and strategic planning drawing upon vast experience gained through many years in business, personnel and risk management. A senior triathlon referee, coach tutor and advanced motorcycling instructor.

# Congratulations

While the Commonwealth Games are a huge milestone in an athlete's career, they also acknowledge a large number of dedicated officials who contribute behind the scenes. Coaches are the obvious example of this but the NICGC is also pleased to offer congratulations to a few other locals who will be active in Delhi.

Wendy Henderson from SportNI will be working as an Anti-Doping Education Officer within the Games Village offering advice to athletes from across the Commonwealth regarding drug misuse and testing procedures. Mandy McMaster and Aidan O'Reilly are both travelling as Technical Officials attached to the gymnastics program. They will be involved on the respective judging panels. Seamus Kelly will be working as a boxing referee/judge while Pat McCrory has been invited to provide technical assistance to the boxing organisers.

Our congratulations go to those above and to all those within the wider sporting community in Northern Ireland who have contributed to the development of our athletes over the years.

# Sponsors and Supporters

The athletes, coaches and management would like to thank all those who have contributed to the preparation and presentation of the team at the Delhi Games.

These include:

Antler Luggage	Antrim Borough Council
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